Explore further: Critical thinking & media literacy

Selected European and international resources for young people, youth workers and educators.

SALTO Participation & Information Resource Centre - Participation Resource Pool. For ready-to-use inspiration, explore the Participation Resource Pool from SALTO Participation & Information. Its media and information literacy collection brings together learning activities, articles, tools and examples on critical thinking, digital participation and navigating information. Youth workers can search for ideas for a workshop or discussion; young people and educators can explore how media literacy connects to democratic participation. https://participationpool.eu/

European Youth Information and Counselling Agency (ERYICA) - MedYIa. ERYICA's MedYIa (Media and Information Literacy) training is designed for people who work with young people. Its training manual, available in English, French and German, includes facilitation sheets that can be used as a complete three-day course or as individual activities. An English-language e-learning option is also described. It is a particularly useful starting point for youth workers planning their own media literacy workshops. https://www.eryica.org/training/medyia

European Media Literacy Standard for Youth Workers (EMELS). The EMELS project developed a youth-work-specific competence standard and training resources. It covers searching and evaluating information, media creation, online rights and safety, understanding young people's media use, and facilitation skills. Educators and youth workers can use the framework to reflect on their own confidence, set learning goals and plan activities. The project resources remain accessible through the SALTO Participation Resource Pool.
https://participationpool.eu/resource/european-media-literacy-standard-for-youth-workers-resources/

Better Internet for Kids (BIK) - Resource Directory. The European Better Internet for Kids platform gathers educational resources from the network of Safer Internet Centres. Its searchable directory includes videos, guides and activities for children, teenagers, parents and educators on online safety, digital wellbeing and critical online behaviour. It is especially useful when looking for age-appropriate materials or resources in different European languages.
https://better-internet-for-kids.europa.eu/en/resources-directory

European Digital Media Observatory (EDMO) - Media Literacy Resources and Guidelines. EDMO connects researchers, fact-checkers and media literacy practitioners across Europe. Its media literacy pages provide research, initiatives and links to regional hubs, while its Guidelines for Effective Media Literacy Initiatives help educators assess whether activities are evidence-informed, inclusive and effective. Readers who want to understand disinformation beyond individual fake stories will find a broader European perspective here. https://edmo.eu/areas-of-activities/media-literacy/

UNESCO - Journey through the MILtiverse. UNESCO's Journey through the MILtiverse: Media and Information Literacy Toolkit for Youth Organizations helps youth groups make media literacy part of everyday practice. It offers ideas for activities as well as guidance for building strategies and action plans, covering challenges such as disinformation, hate speech and digital participation. It is particularly helpful for youth organisations wanting to do more than organise a single awareness-raising workshop. https://www.unesco.org/en/articles/journey-through-miltiverse

Digital4All - Building a Digital World for All. Digital4All offers a handbook for youth workers and an online learning curriculum, developed with a particular focus on young migrants. The materials connect critical thinking with digital, media and information literacy and encourage learners to question what they encounter online. Youth workers can use the handbook for activity ideas; young people can explore the learning path independently or with support.
https://www.salto-youth.net/tools/toolbox/tool/digital4all-toolbox-for-youth-workers-inluding-online-curriculum.4934/

Anna Lindh Foundation - Training Toolkit for Youth Workers on Media Literacy. This practical toolkit, featured by the Anna Lindh Foundation, contains 30 non-formal learning activities around media literacy and citizen journalism. Topics include finding and checking information, recognising fake news, creating media content and sharing it responsibly. It suits youth clubs, international exchanges and classroom projects where participants learn by investigating and producing media themselves. https://alf.website/en/publications/training-toolkit-for-youth-workers-on-media-literacy/

ALL DIGITAL - Handbook on Media Literacy. ALL DIGITAL's Handbook on Media Literacy explains how media influence young people and offers practical classroom examples, including social media, manipulation of reality, media ownership and responsible online expression. Although it is an older publication, its exercises and core concepts can still be a useful foundation for teachers and trainers, especially when combined with newer material on artificial intelligence.
https://all-digital.org/resources/handbook-on-media-literacy/

European Commission - Guidelines for Teachers and Educators on Tackling Disinformation and Promoting Digital Literacy. The European Commission's updated 2026 guidelines are especially useful for educators looking for practical classroom approaches. They provide lesson plans, discussion advice and strategies for tackling disinformation, including newer challenges involving generative AI, social media influencers and prebunking. Youth workers can adapt many of the exercises for non-formal learning settings.
https://education.ec.europa.eu/eu/focus-topics/digital-education/actions/plan/guidelines-for-teachers-to-foster-digital-literacy-and-tackle-disinformation

European Commission Joint Research Centre - DigComp 3.0. DigComp 3.0, the current European Digital Competence Framework, describes the skills, knowledge and attitudes people need to engage confidently and critically in digital life. It includes information literacy, communication, safety and the increasingly important role of AI. This is more a map of competences than an activity book: educators can use it to identify learning goals, while young people can reflect on the digital abilities they want to strengthen.
https://joint-research-centre.ec.europa.eu/scientific-activities/key-competences-lifelong-learning/digital-competence-framework-digcomp/digcomp-30_en

Council of Europe - Digital Citizenship Education Handbook. The Council of Europe's Digital Citizenship Education Handbook connects media literacy with human rights, democracy and wellbeing. Organised around being online, wellbeing online and rights online, it provides examples, fact sheets and questions for educators and families. It is a valuable choice when a discussion about online content leads to wider questions about respect, inclusion, privacy or participation.
https://www.coe.int/en/web/education/-/digital-citizenship-education-handbook

European Association for Viewers Interests (EAVI). EAVI is a Brussels-based non-profit organisation promoting media literacy for active citizenship. Its website offers articles, research, conversations and educational initiatives on disinformation, AI, digital wellbeing and the influence of media. It is a good place for curious young people and practitioners to keep exploring the social and democratic dimensions of media literacy. https://eavi.eu/

UNESCO - Media and Information Literacy Alliance and Global MIL Week. For a wider international perspective, UNESCO's Media and Information Literacy Alliance connects organisations working on media literacy worldwide. UNESCO also coordinates Global Media and Information Literacy Week each October, with events and initiatives involving educators, youth groups and other communities. These spaces are useful for discovering new ideas, exchanging experiences and finding inspiration beyond Europe. https://www.unesco.org/en/media-information-literacy/alliance